

## Show Notes

### Episode 10: Is Your Health System Ready for Anti-Racism?



**CENTERING HEALTH EQUITY**  
PODCAST  
CONVERSATIONS ON REDUCING BIAS IN HEALTHCARE

#### Our Guests:

[Dr. Aletha Maybank](#)

SVP and Chief Health Equity Officer, American Medical Association

[Myra Aldana-Gregorian](#)

SVP and Chief People Officer, Seattle Children's Hospital

#### Show Link on Anchor:

<https://anchor.fm/centeringhealthequity/episodes/Is-Your-Health-System-Ready-for-Anti-Racism-e1i6jn8>

**Show Summary:** Join us in this conversation with Dr. Aletha Maybank, Senior Vice President and Chief Health Equity Officer at the American Medical Association (AMA), and Myra Aldana-Gregorian, Senior Vice President and Chief People Officer at Seattle Children's Hospital, as they share the highlights and challenges they have faced while taking an active role in dismantling systemic inequities, policies, and practices within their respective organizations. Dr. Maybank and Myra discuss their work in helping their institutions advance health equity by becoming anti-racist organizations. Dr. Maybank was instrumental in the creation of the AMA's recent Strategic Plan to embed racial justice and advance health equity. Myra has led the development of Seattle Children's Health Equity and Anti-Racism Action Plan. Both women are trailblazers in this work, and have diligently created inclusive workplaces that challenge bias in all forms.

#### Information Referenced on the Show:

The American Medical Association's Strategic Plan to Embed Racial Justice and Advance Health Equity:

<https://www.ama-assn.org/about/leadership/ama-s-strategic-plan-embed-racial-justice-and-advance-health-equity>

Seattle Children's Hospital's Commitment to Anti-Racism with the Health Equity and Anti-Racism Action Plan:

<https://www.seattlechildrens.org/media/press-releases/seattle-childrens-health-equity-and-anti-racism-action-plan/>

Information about the Just Health Collective Village, founded by Duane Reynolds is available here:

<https://jhcvilleage.mn.co>

Information about the Inclusion Scorecard for Population Health developed by Dr. Maria Hernandez is available here: <http://www.impact4health.com/population-health-1>

#### Contact Us



##### **Maria Hernandez, PhD**

President and COO  
Impact4Health, LLC  
510. 340.9312

[maria@impact4health.com](mailto:maria@impact4health.com)

@drmg Hernandez



##### **Duane Reynolds, MHA**

Founder & CEO  
Just Health Collective  
404.458.7680

[Duane.Reynolds@justhealthcollective.com](mailto:Duane.Reynolds@justhealthcollective.com)

@duane\_reynolds