



Show Notes

Episode 12: Health Equity and Mental Health: Key Issues to Reduce Inequities

Our Guests:

[Dr. Alexander Salerno](#)

Founder of the Urban Healthcare Initiative Program and Director of the Community Health Outreach Program

[Chuck Ingoglia](#)

President and CEO, National Council for Mental Wellbeing

Show Link on Anchor: <https://anchor.fm/centeringhealthequity/episodes/Health-Equity-and-Mental-Health-Key-Issues-to-Reduce-Inequities-e1nf1o6>

Show Summary: Recent studies show that the COVID-19 pandemic triggered a dramatic rise in the number of people experiencing anxiety and depressive disorders around the world. Not only did COVID-19 increase the widespread presence of mental health disorders, it also brought to the forefront the necessity for accessibility to support, treatment, and services for those in need. Duane Reynolds and Maria Hernandez's conversation with Dr. Alexander Salerno, and Chuck Ingoglia, shed light on the enormity of the challenges those suffering with mental illness can encounter while seeking the appropriate care and navigating the fragmented mental health system. They also discuss the integrated healthcare model where physical and mental health needs can be addressed in the same setting, contributing to a better distribution of health outcomes and enhanced quality of life.

Information Referenced on the Show:

National Council for Mental Wellbeing

TheNationalCouncil.org

Salerno Medical Associates

[White Paper: Resolving New Jersey's Mental Health Crisis Through Coordinated Primary and Mental Health Care Services](#)

988 Suicide and Crisis Lifeline

[988 Lifeline](#)

Information about the Just Health Collective Village, founded by Duane Reynolds is available here:

<https://jhcvilleage.mn.co> Information about the Inclusion Scorecard for Population Health developed by Dr.

Maria Hernandez is available here: <http://www.impact4health.com/population-health-1>

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